

PREPARATORY -2021 -22

APRIL

ENGLISH- READING AND WRITING

3 LETTER WORDS (REVISION)

REVISION OF SIGHT WORDS (FIRST PAGE)

PHRASES WITH 3 LETTER WORDS

INTRODUCTION OF SIGHT WORDS (SECOND PAGE)

REVISION OF A OR AN

REVISION OF CAPITAL LETTERS

NUMBERS- READING AND WRITING

0-50 (AFTER , BEFORE , BETWEEN , NUMBER NAMES – 0 TO 10 AND PLACE VALUE)

E.V.S. – MYSELF , MY FAMILY , MY NEIGHBOURHOOD AND MY HELPERS

MATERIAL WORK-MOVABLE ALPHABET BOX & SEGUIN BOARD -2,GOLDEN BEAD BOX



MAY

ENGLISH- WRITING & READING

3 LETTER RHYMING WORDS

SIMPLE SENTENCE CONSTRUCTION

FRAMING OF QUESTIONS

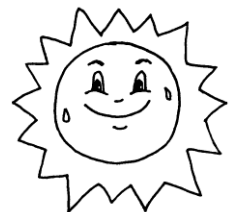
WORDS TO BE USED - IS , HAS , HAD , HAVE , IN , ON , CAN , YES , NO

NUMBERS- READING AND WRITING

INTRODUCTION OF 50 -70 (AFTER , BEFORE , BETWEEN , NUMBER NAMES – 10 TO 20 AND FILL IN THE MISSING NUMBERS)

E.V.S. – PERSONAL CLEANLINESS , MANNERS , PARTS OF THE BODY , PET AND FARM ANIMALS (BABIES , FOOD , HOMES AND SOUNDS)

MATERIAL WORK – MOVABLE ALPHABETS,GOLDEN BEAD BOX.GEOMETRICAL INSETS,GUSTATORY ACTIVITY(SENSORIAL)



JUNE

ENGLISH- READING AND WRITING

READ , WRITE AND DRAW (TRANSCRIPTION)

NUMBERS- READING AND WRITING

INTRODUCTION OF 70 -90 (AFTER , BEFORE , BETWEEN , NUMBER NAMES - 20 TO 30 , FILL IN THE MISSING NUMBERS AND CIRCLE THE BIGGER AND SMALLER NUMBER)

E.V.S. – WILD , PET AND FARM ANIMALS TO BE CONTINUED (BABIES , FOOD , HOMES AND SOUNDS)

MATERIAL WORK-GOLDEN BEAD BOX,MOVABLE ALPHABET BOX.



JULY

ENGLISH – READING AND WRITING

FRAMING OF SENTENCES

REVISION (FRAMING OF QUESTION AND ANSWERS)

INTRODUCTION OF CH , SH AND TH (WORDS AND RELATED SENTENCES)

NUMBERS – READING AND WRITING

INTRODUCTION 90-99 (AFTER , BEFORE , BETWEEN , NUMBER NAMES - 30 TO 50 , FILL IN THE MISSING NUMBERS AND CIRCLE THE BIGGER AND SMALLER NUMBER , ASCENDING AND DESCENDING ORDER 0-50)

E.V.S.- SEASONS , INSECTS AND MARINE ANIMALS

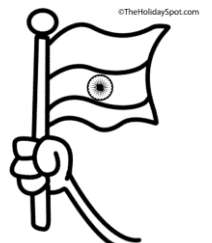
MATERIAL WORK-GOLDEN BEAD BOX,CHANGE GAME,MOVABLE ALPHABET.



AUGUST

ENGLISH-READING AND WRITING

INTRODUCTION OF OO, EE, LL, CK WORDS



E.V.S. - RELIGIOUS AND NATIONAL FESTIVALS'

NUMBERS- 0 -99 (AFTER , BEFORE , BETWEEN , NUMBER NAMES – (50 TO 70) FILL IN THE MISSING NUMBERS AND CIRCLE THE BIGGER AND SMALLER NUMBER, ODD AND EVEN

MATERIAL WORK –GOLDEN BEAD BOX, CHANGE GAME, MOVABLE ALPHABET

SEPTEMBER

ENGLISH- READING AND WRITING

SS , ND , NK AND NG WORDS

FRAMING SENTENCES

ONE AND MANY

INTRODUCTION TO – IN , ON , UNDER

NUMBERS – READING AND WRITING

0 -99 (ALL EXERCISES AROUND THEM)

NUMBER NAMES - 70 -99

E.V.S. - PARTS OF THE PLANT AND GERMINATION



OCTOBER

ENGLISH- READING AND WRITING

SENTENCE CONSTRUCTION , STRUCTURAL PRACTISE

NUMBERS – READING AND WRITING

0 -99 (ALL EXERCISES AROUND THEM)

E.V.S. - SAFETY MEASURES EVERYWHERE (HOME , SCHOOL , PLAYGROUND ETC)

MATERIAL -MOVABLE ALPHABET



NOVEMBER

ENGLISH – CONTINUATION OF OCTOBER MONTH WORK AND

PARAGRAPH WRITING

NUMBERS – READING AND WRITING

0 – 99 & ALL EXERCISES AROUND THEM



E.V.S. - CONTINUATION OF OCTOBER MONTH WORK

DECEMBER

ENGLISH – READING AND WRITING

BLENDS (ALL FORMS)

SENTENCES WITH BLENDS

TRANSCRIPTION OF PARAGRAPH AND QUESTION ANSWERS

NUMBERS – READING AND WRITING

SIMPLE ADDITION – (PICTORIAL AND SINGLE AND DOUBLE DIGIT)

E.V.S. – PLANETS AND SOLAR SYSTEM



JANUARY

ENGLISH – READING AND WRITING

DAYS OF THE WEEK , MONTHS OF THE YEAR , CONSTRUCTION OF SIMPLE SENTENCES, SIMPLE COMPREHENSION AND PARAGRAPH WRITING.

SPELLINGS OF COLOURS,SHAPES AND FRUITS

MATHS - SIMPLE SUBTRACTION – (PICTORIAL AND SINGLE AND DOUBLE DIGIT)

E.V.S – MODES OF COMMUNICATION,MODES OF TRANSPORT



FEBRUARY

ENGLISH – READING AND WRITING

INTRODUCTION TO SPELLINGS OF FLOWERS , BIRDS VEGETABLES .

NUMBERS – REVISION OF 0 -100 AND EXERCISES AROUND THEM



MARCH

REVISION OF ENGLISH , NUMBER WORK AND EVS

SUBJECT : HINDI

MONTH	TOPIC
APRIL	Introduction and Revision of "अ" and "आ" वर्ण
MAY	Introduction and Revision of "इ" and "ई" वर्ण
JUNE	Introduction and Revision of "उ" and "ऊ" वर्ण
JULY	Introduction of "ऋ" वर्ण , Introduction of "ए", "ऐ" and "ओ" वर्ण
AUGUST	Introduction of "औ" , "अं" , "अः" वर्ण Revision of स्वरवर्ण
SEPTEMBER	Revision of स्वरवर्ण , Introduction of "क", "ख" , "ग" वर्ण
OCTOBER	Introduction of "घ" and "ङ" , Revision of "क" वर्ण
NOVEMBER	Revision of "क" वर्ण, Introduction of "च", "छ" वर्ण
DECEMBER	Introduction of "ज" , "झ" , "ञ"
JANUARY	Revision of "च" वर्ण, Introduction of "ट" , "ठ" वर्ण
FEBRUARY	Introduction of ड, ढ, ण वर्ण
MARCH	Revision of " ट" वर्ण and Introduction of दो अक्षर वाले शब्द

SYLLABUS : BENGALI

APRIL	SEPTEMBER
PATTERN WRITING	Introduction of Banjonborno: M N O P
Introduction of swaraborno: A, B	Revision of swaraborno : (A- K) & (1-10)
MAY	OCTOBER
Revision : A, B Introduction of swaraborno: C , D	Revision of L-hÑÑ . Introduction of Banjonborno: Q,R
JUNE	NOVEMBER
Revision : A, B C , D Introduction of swaraborno: E,F Introduction of numbers in Bengali. 1-5	. Introduction of Banjonborno : S T U Revision of L-hÑÑ, Q-hÑÑ
JULY	DECEMBER
Revision : A, B C , D ,E,F 1-5 Introduction of swaraborno: G H I Introduction of numbers in Bengali. 5-10	Introduction of Banjonborno: V,W,X,Y,Z Completion of V-hÑÑ. Revision of L-hÑÑ, Q-hÑÑ
AUGUST	JANUARY
Revision : A, B C , D ,E,F G H I /1-10 Introduction of swaraborno: J K. Introduction of Banjonborno: L	Introduction of Banjonborno : a b c d e Completion of a hÑÑ Revision of L-hÑÑ, Q-hÑÑ, V-hÑÑ.
FEBRUARY	MARCH
Introduction of Banjonborno : f g h i j Completion of f hÑÑ Revision of L-hÑÑ, Q-hÑÑ, V-hÑÑ., a hÑÑ	Introduction of numbers in Bengali. 10-20 Revision of swaraborno & Banjonborno : L- f (L-hÑÑ- f hÑÑ)

Syllabus for Music

APRIL- MAY

- DO RE MI

JUNE-JULY- AUGUST

- OH ! MR. SUN
- LAL NIL SOBUJER
- NANHA MUNHA

SEPTEMBER-OCTOBER

- THIS IS THE DAY
- AY RE AY SOBAI

NOVEMBER-DECEMBER

- JINGLE BELLS

JANUARY- FEBRUARY

- IF I WERE A BUTTERFLY

APRIL

- REVISION

SUBJECT : PHYSICAL EDUCATION

MONTH OF APRIL :

SL NO	TOPIC – MASS DRILL WITH THE EQUIPEMENT
1	STRETCHING EXERCISE
2	WARMING UP
3	GENERAL EXERCISE (HEAD TO TOES)
4	PRACTICE - MASS P.T WITH DIFFERENT EQUIPEMENTS.
5	FUN GAME
6	COOLING DOWN EXERCISE
7	MEDITATION

MONTH OF MAY

SL NO	TOPIC – MODIFIED BALLANCING EXERCISE AND AEROBICS EXERCISE
1	STRETCHING EXERCISE
2	WARMING UP
3	GENERAL EXERCISE (HEAD TO TOES)
4	PRACTICE – BALLANCING FUN EXERCISE WITH THE PROPS.
5	FUN GAME
6	COOLING DOWN EXERCISE
7	MEDITATION

MONTH OF JUNE

SL NO	TOPIC – FLEXIBILITY TRAINNING (FUN YOGA - ASANAS)
1	STRETCHING EXERCISE
2	WARMING UP
3	GENERAL EXERCISE (HEAD TO TOES)
4	PRACTICE - MODIFIED BASIC YOGASANAS ,ANIMAL POSE
5	FUN GAME
6	COOLING DOWN EXERCISE
7	MEDITATION

MONTH OF JULY

SL NO	TOPIC – MODIFIED CORE OF EXERCISE
1	STRETCHING EXERCISE
2	WARMING UP
3	GENERAL EXERCISE (HEAD TO TOES)
4	PRACTICE - MODIFIED SUTTLE RUN, ZIG-ZAG RUN, RUNNING COMPETITION.
5	FUN GAME
6	COOLING DOWN EXERCISE
7	MEDITATION

MONTH OF AUGUST

SL NO	TOPIC – MODIFIED STRENGTH TRAINING
1	STRETCHING EXERCISE
2	WARMING UP
3	GENERAL EXERCISE (HEAD TO TOES)
4	PRACTICE - FUN SEAT UP, HALF PUSH UP AND DIFFERENT EXERCISE.
5	FUN GAME
6	COOLING DOWN EXERCISE
7	MEDITATION

MONTH OF SEPTEMBER

SL NO	TOPIC – MODIFIED AGILITY TRAINING
1	STRETCHING EXERCISE
2	WARMING UP
3	GENERAL EXERCISE (HEAD TO TOES)
4	PRACTICE - EXERCISE WITH THE PROPS , SUTTLE RUN AND JUMPING SUTTLE RUN.
5	FUN GAME
6	COOLING DOWN EXERCISE
7	MEDITATION

MONTH OF OCTOBER

SL NO	TOPIC – BALL ACTIVITY
1	STRETCHING EXERCISE
2	WARMING UP
3	GENERAL EXERCISE (HEAD TO TOES)
4	PRACTICE - ACTIVITY WITH THE BALL.
5	FUN GAME
6	COOLING DOWN EXERCISE
7	MEDITATION

MONTH OF NOVEMBER

SL NO	TOPIC – FUN ACTIVITY WITH THE PROPS
1	STRETCHING EXERCISE
2	WARMING UP
3	GENERAL EXERCISE (HEAD TO TOES)
4	PRACTICE - ACTIVITY WITH DIFFERENT EQUIPEMENTS.
5	FUN GAME
6	COOLING DOWN EXERCISE
7	MEDITATION

MONTH OF DECEMBER

SL NO	TOPIC – MODIFIED CORE OF EXERCISE
1	STRETCHING EXERCISE
2	WARMING UP
3	GENERAL EXERCISE (HEAD TO TOES)
4	PRACTICE - MODIFIED SUTTLE RUN, ZIG-ZAG RUN, RUNNING COMPETITION.
5	FUN GAME
6	COOLING DOWN EXERCISE
7	MEDITATION

MONTH OF JANUARY

SL NO	TOPIC – MODIFIED STRENGTH TRAINING
1	STRETCHING EXERCISE
2	WARMING UP
3	GENERAL EXERCISE (HEAD TO TOES)
4	PRACTICE - FUN SEAT UP, HALF PUSH UP AND DIFFERENT EXERCISE.
5	FUN GAME
6	COOLING DOWN EXERCISE
7	MEDITATION

MONTH OF FEBRUARY

SL NO	TOPIC – MODIFIED AGILITY TRAINING
1	STRETCHING EXERCISE
2	WARMING UP
3	GENERAL EXERCISE (HEAD TO TOES)
4	PRACTICE - EXERCISE WITH THE PROPS , SUTTLE RUN AND JUMPING SUTTLE RUN.
5	FUN GAME
6	COOLING DOWN EXERCISE
7	MEDITATION

MONTH OF MARCH

SL NO	TOPIC – BALL ACTIVITY
1	STRETCHING EXERCISE
2	WARMING UP
3	GENERAL EXERCISE (HEAD TO TOES)
4	PRACTICE - ACTIVITY WITH THE BALL.
5	FUN GAME
6	COOLING DOWN EXERCISE
7	MEDITATION

SUBJECT:- PHYSICAL EDUCATION (CRICKET)

MONTHS: - APRIL, MAY, JUNE

- .CLASS FORMATION (STANDING POSITION)
- . GENERAL WARM-UP EXERCISES, JOGGING IN STRAIGHT LINE OR GROUPS
- . AWARENESS ABOUT SPECIFIC EXERCISES AND FREE HAND EXERCISES
- . DEVELOP CATCHING TECHNIQUE THROUGH DRILLS
- . FUN GAME

MONTH:- JULY , AUGUST , SEPTEMBER

- .DEVELOP BATTING TECHNIQUE
- DEVELOP FLEXIBILITY & BALANCE WITH THE FUN GAMES
- . DEVELOPING SPEED AND ENDURANCE ACTIVITIES SUCH AS RUNNING AND JUMPING ETC

MONTHS:- OCTOBER , NOVEMBER , DECEMBER

- . SPORTS DAY PRACTICE (DECEMBER)
- . DEVELOP GAMES WITH A PARTNER OR WITH SMALL GROUPS
- . DEVELOP AGILITY, ALERTNESS CONTROL THROUGH FUN GAME AND VARIETY OF ACTIVITY
- . FUN GAMES

MONTHS:- JANUARY ,FEBRUARY , MARCH.

- DEVELOP CATCHING TECHNIQUE THROUGH THE GAME